#alpineprinciples

**Alpine Mentors Debrief Criteria**

Based on the American Mountain Guides Association Evaluation form

Each bullet-point is meant to be a list of possible conversation-reminders, not a definitive list. We have tried going through this list point-by-point and going through the decisions in chronological order. I recommend the latter. At the end circle back to this checklist and see if it brings up anything.

**Route Selection**
- Conditions
  - Internal (you)
  - External (environmental)
- Season
  - Amount of daylight
- Weather
- Team

**Route Planning**
- Rope and rock
- Technical equipment
- Bivy equipment
- Clothing
- Food
- Cooking
- Route/navigation planning (topos, photos, etc.)
- Descent

**Risk Management**
- Hazard Recognition
- Minimization of Risk
- Situational Awareness
- Belay/anchors are an island of safety
- Descent

**Technical Systems**
- Staying attached
- Belays/Protection/Anchors
- Rope Management
- Rappelling/Lowering
- Rescue Skills
- “Right techniques, right place, right time?”

**Terrain Assessment**
- Route Selection
- Route Finding
• Navigation

**Movement**
  • Fitness/Stamina
  • 3rd/4th Class Terrain
  • Climbing Ability

**Teamwork**
  • Communication
  • Efficiency
  • Systems
  • Risk Management

**Mountain Sense**
  • Decision Making
  • Stress Management
  • Error Correction (My personal favorite and imho one of the most important skills.-Steve House)
  • Disaster Prevention

**Environmentalism**
  • Environmental Consciousness. Did we practice Leave No Trace Climbing Principles? How could we improve?