

#alpineprinciples

## Alpine Mentors Debrief Criteria

Based on the American Mountain Guides Association Evaluation form

Each bullet-point is meant to be a list of possible conversation-reminders, not a definitive list. We have tried going through this list point-by-point and going through the decisions in chronological order. I recommend the latter. At the end circle back to this checklist and see if it brings up anything.

### Route Selection

- Conditions
  - Internal (you)
  - External (environmental)
- Season
  - Amount of daylight
- Weather
- Team

### Route Planning

- Rope and rock
- Technical equipment
- Bivy equipment
- Clothing
- Food
- Cooking
- Route/navigation planning (topos, photos, etc.)
- Descent

### Risk Management

- Hazard Recognition
- Minimization of Risk
- Situational Awareness
- Belay/anchors are an island of safety
- Descent

### Technical Systems

- Staying attached
- Belays/Protection/Anchors
- Rope Management
- Rappelling/Lowering
- Rescue Skills
- "Right techniques, right place, right time?"

### Terrain Assessment

- Route Selection
- Route Finding

- Navigation

#### **Movement**

- Fitness/Stamina
- 3rd/4th Class Terrain
- Climbing Ability

#### **Teamwork**

- Communication
- Efficiency
- Systems
- Risk Management

#### **Mountain Sense**

- Decision Making
- Stress Management
- Error Correction (My personal favorite and imho one of the most important skills.-Steve House)
- Disaster Prevention

#### **Environmentalism**

- Environmental Consciousness. Did we practice Leave No Trace Climbing Principles? How could we improve?